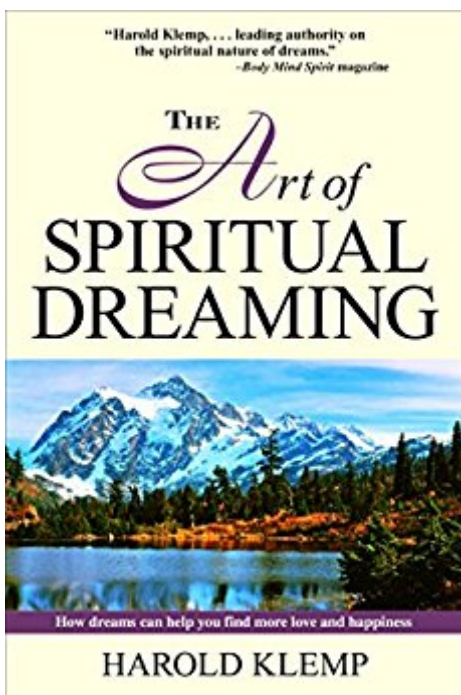


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# The Art Of Spiritual Dreaming



## Synopsis

Your life is the canvas. You are the artist. Paint a more fulfilling life for yourself using Harold Klemp's proven techniques in *The Art of Spiritual Dreaming*. Your dreams are the secret to creating a masterpiece. Learning to see and use the wisdom you receive from your dreams is an art. The great French Renaissance thinker Montaigne wrote, "Dreams are faithful interpreters of our inclinations; but there is art required to sort and understand them." Throughout the ages, dreams were held in high esteem. Prophets like Moses and dream interpreters like Joseph held the fate of nations in their hands. Solomon is supposed to have said that there is no new thing under the sun. Harold Klemp shows us there is something beyond the sun. He places the spiritual dream in its rightful place at the center of the whole subject of dreams. He shows you how to discover your dream's spiritual gold. Your dreams are real. Learn how dreams can help you gain insights from the past and future, grow in confidence, heal yourself spiritually, make decisions about your career and finances. Do this from a unique point of view: recognize the spiritual nature of your dreams. Create your masterpiece!

## Book Information

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## Customer Reviews

In the past, I had read a good selection of other books on dreams, dream symbols, and lucid dreaming—all interesting and helpful—but something was missing for me. Questions such as *Where do dreams come from? Why do we dream? Who is actually dreaming? How do dreams relate to meaning, purpose, spirituality, and life in general?* still remained. Some years ago, I bought a copy of *\*The Art of Spiritual Dreaming,\** and recently I bought the Kindle version. For me, it's not just reading, but practicing the tips, techniques, and spiritual exercises that helped (and still helps) me get answers to questions in my heart. By studying my dreams according to this book, keeping a dream journal, and practicing simple spiritual exercises (the easiest being to sing HU), my fear of death is gone; I don't fret needlessly over things I can't control; I perceive God loving me and all persons/beings; I know better what's good and not good for me, respect differences in others, and experience very little anger, insecurity, sadness, and fears as I used to. I began and continue to work with the Dream Master, who never encroaches on any person's private life and comes only by invitation. Practicing these dream teachings helps me see spiritual purpose and meaning behind events happening as they do; understand the source of my own problems and find ways to solve them; and make better choices that bring more self-confidence, satisfaction, and happiness in my everyday work, activities, and relationships. I'm so grateful for the special approach to dreams in *\*The Art of Spiritual Dreaming\** by Harold Klemp. Studying dreams this way is a spiritual adventure that keeps on showing me more about life and love.

Learn about why we dream, where dreams come from, and how to work with dreams for smoother day to day living. The book gathers together the best of what is known about dreams and focuses on helping individuals tap into the special insights available through their dreams. Interpreting my dreams no longer means I depend on others to explain them (dream symbols). Instead I now have the means to recall and understand my own dream symbols. The chaotic jumble can be demystified by using a spiritual exercise. A future problematic event can be prepared for--or even avoided. Insights for healing an emotional or physical ailment or next step in spiritual growth can be understood.

This valuable book shows the mechanism of dreaming. Why people dream and the vast Spiritual purpose behind it. Tells why common symbols found in dreams, the so-called "collective consciousness" is not as effective for dream interpretation as defining one's own personal symbols that appear in them. We have much more influence on ourselves to affect our inner images. The role of the "Censor" to "garble" the message sent from the true spiritual realms so not to upset the fragile ego made from mind-stuff. The result is that Soul is trapped in the lower states from the Physical to the Mental. The promptings from the higher worlds will aid us in leading to walk the path of destiny and soul's unfoldment. But the trap of the mind is to keep us here struggling, making us fit for the journey. We help ourselves by cooperating with our destiny and utilizing the wonderful messages for our effective release from the lower worlds. A simple technique given is: Just before bed to close the eyes, chant softly the word "HU" [hu-uu] / declare oneself an open channel for spirit, a pure vehicle for the divine./then request that you be taken to the place which is for your benefit in guidance and unfoldment. Soul is protected while journeying on the inner planes. How to keep your own dream Journal too! With clear intention like this, one's growth in inner understanding and facility with the techniques is documented. see this book on the Eckankar organization website:[...].

Perfect book for me to refer & learn all about dreaming. Easy steps and simple language.. Love the part on the inner master guide. I can have a personal dialogue & one-on-one tuition in my dream. It tells us the so many types of dreams that many of us are not aware. Wow, dream is a language of Soul, my true self!!!

This is more of a beginners introduction to using dream interpretation for healing and spiritual insights than an extended reference book. It was an easy read although I became irritated by the continual references to whether a person was or was not a student or member of ECK. The references distracted from the message of using dreams to expand your awareness and began to preach the benefits of belonging to the religion. My main problem is the religion's practise of allowing the Dream Master, the ECK's spiritual leader, access to your dream world - to guide and protect the novice dreamer. I prefer a different method.

Lucid dreamers, GET THIS BOOK! I'm not an Eckist and I still loved it and so much of it resonated in me. It goes in depth into different types of dreams without falling into the trap of dream symbols of other books. Amazing!

GreatLife changing

Love Eckankar.

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